#DISASTER READY

GRAB & GO BAG

Prepare a #DisasterReady Emergency Kit for yourself and household. Be #DisasterReady.

GRAB & GO BAG & STORAGE: Keep in a cool, dry place. Place your items in large tog bags which are easy to carry if you evacuate. Alternatively, large waterproof storage containers on wheels also work well. Make sure all family members know where the Grab & Go Bag is kept.

WATER: At least a three-day supply of water, a minimum of 3 litres of drinking water per person per day.

FOOD: At least a three-day supply of non-perishable food, and any specific dietary requirements for the family, such as infant formula for example.

COMMUNICATION: Whistle, battery-powered radio, cell phone, two way radios.

ESSENTIALS: First aid kit, medication and non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives, N95 or surgical mask (for smoke, pandemics, dust), sanitation and personal hygiene items, sunscreen.

POWER: Batteries, power bank, chargers and adaptors for devices.

LIGHT: Torch, spare batteries, gas light, candles, lanterns, solar lights.

CLOTHING: Suitable clothing for warm/cold and the type of environment you can expect. Rain gear and tough footwear. Sleeping bag, blankets, emergency (space) blankets.

ANIMALS: Pet food and water, medication, vet contact details written down.

DOCUMENTS: Important family documents such as copies of passports, ID documents, insurance policies, birth certificates, bank account records saved electronically or in a waterproof, portable container. Written family and emergency contact information. Evacuation plans, local maps, blank notebook, pen and pencil.

EXTRA: Cash (you might not be able to use a bank machine) and bank cards. Multi-tool, camping plates, cups and utensils, manual can opener, matches and lighter in a zip lock bag, cable ties, fire extinguisher, roll of garbage bags, scissors, bucket, cloth, washing liquid, plain bleach, board games or puzzle books, tent, shovel.

DISASTER READY

BE PREPARED

ADVISORY | WATCH | WARNING

Are you *#DisasterReady?*

CAPE WINELANDS DISTRICT